



REGISTRATION LINK:



WELLNESS AND CONNECTION ACROSS THE GENERATIONS CONFERENCE AGENDA

DAY 1	THURSDAY, MAY 1, 2025	
TIME	EVENT	SPEAKER
1:00 P.M.—1:30 P.M. EST	- Elder Opening - Event Introduction - Housekeeping	Elder, Grandmother Renée Thomas-Hill & Elder, Allan Jamieson Sr.
1:30 P.M.—12:30 P.M. EST	<i>Demoiyenh</i> (One who holds it together) —Aging Well—	Elder, Mary Elliott
2:30 P.M.—2:45 P.M. EST	- Five-Minute “Movement Medicine” - Break	Crystal Bomberly, IDHC
2:45 P.M.—3:15 P.M. EST	Indigenous Men’s Journey to Fatherhood: Building an Indigenous Father’s Parenting Program	Amy Wright, NP, PhD
3:15 P.M.—4:15 P.M. EST	Living Strong: Indigenous Fathers Walk the Red Road—A Video Resource for Indigenous Men and Fathers	Amy Wright & Father’s Panel
4:15 P.M.—4:30 P.M. EST	Closing Reflections	

DAY 2	FRIDAY, MAY 2, 2025	
TIME	EVENT	SPEAKER
8:30 A.M.—8:45 A.M. EST	Welcoming Remarks	
8:45 A.M.—9:30 A.M. EST	IDHC’s New Youth Video Series Launch: LAWS: Strengthening Mind, Body & Spirit	Kathleen LaForme, Crystal Bomberly (IDHC Team) Elder, Grandmother Renée Thomas-Hill
9:30 A.M.—10:00 A.M. EST	Type 1 Diabetes Youth Screening	Sasha DeLorme, Diabetes Action Canada (DAC)
10:00 A.M.—10:15 A.M. EST	- Five-Minute “Movement Medicine” - Break	Crystal Bomberly, IDHC
10:15 A.M.—11:15 AM. EST	Traditional Parenting and Family Wellness	Colby Tootoosis, Conscious Leadership Coaching
11:15 a.m.—11:45 a.m. EST	IDHC Programming & Services Update	IDHC Team
11:45 a.m.—12:00 p.m. EST	- Evaluations, Final Remarks - Elder Closing of Day 2 of 2	Elder, Grandmother Renée Thomas-Hill & Elder, Allan Jamieson Sr.

